

Cashmere Middle School

2018-2019 Opportunities, Activities, and Services

Food Services:

- Reduced/Free lunch applications available in office
- Breakfast served daily, 7:30-7:50
- Breakfast and lunch served on half days
- Packing Friendship: Weekend Food Program (contact Counselor)
- Food Bank: Cashmere Ministerial Association 300 S Division Street 782-4262, Wednesdays
- Community Dinner (Thursdays)

Opportunities and Activities:

<u>Before School:</u>	<u>Homework Lab:</u> IXL Program in computer labs 7:30-8:00	Students encouraged to get help from individual teachers at 7:50	Bell rings at 8:00 for all students to prepare for day, school starts at 8:10	The CMS building opens at 7:00 <u>Library Open:</u> 7:45-8:00
<u>After School:</u> Bike Club on Thursdays Mr. Cravens	<u>Homework Help:</u> "Power Hour" in the library 2:50-4:00, M.-Th.	<u>Drill Team:</u> Available for grades 5-8 <u>Sports:</u> Available for grades 7-8	<u>Explorer's Club:</u> Tuesdays after school Mrs. Clinton	<u>Book Club:</u> See Mrs. Milne
<u>During School Day:</u> <u>WE Club:</u> Mrs. Guerin Mrs. Cruickshank <u>CMS Newspaper Club</u> Mrs. Milne	<u>Academy:</u> Placement determined by test scores – monitored and changed as student meets standard	<u>THINC Time:</u> Time for help with incompletes lunch opportunity	<u>Skyward Family Access:</u> Get your password from the office to check student grades on-line and notifications of missing work	<u>Electronic Notifications:</u> Get the SchoolWay app or check Facebook and Instagram for school updates

Family Resources:

- **McKinney Vento:** Food, clothing, transportation and other services for families in transitional housing (doubled up with family, living with friends, homeless, etc.) – Contact School Counselor
- **Cashmere Cares:** Community organization assisting families with food, clothing, school supplies and other financial supports and services – Contact School Counselor
- **Columbia Valley Community Health:** *Walk-In & Medical Clinic (662-6000), Children's Behavioral Health (661-3611, Insurance, Medicaid, and Bilingual), and School-Based Counseling Services*
- **Confluence Health:** Cashmere Clinic (782-1541), Youth Behavioral Health (663-8711), and School-Based Counseling Services
- **Children's Home Society:** *Medicaid Mental Health Services (663-0034)*
- **CMS PTO:** Get involved with the school through the ***Parent Teacher Organization***
- **Ignite: Community Mentor Program:** Contact School Counselor if interested in getting involved as a Mentor or having your student meet with an Ignite Community Mentor