










# Cashmere High School - Cashmere Middle School

## NOVEMBER 2009

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Hamburger w/potato rounds or Ham deli sandwich Chocolate chip cookie	Teriyaki beef dippers w/rice or Corndog or PEANUT BUTTER JELLY UNCRUSTABLE 	Homemade pepperoni & cheese pizza or Chicken burger 	Soft chicken taco or Burrito or Baked potato bar Chocolate crinkle cookie 	Ravioli w/cheese bread or Turkey deli sandwich
9	10	11	12	13
Chicken nuggets w/potatoes & gravy or Pepperoni & cheese pizza	Western taco or Cheese sticks  Bar cookie	 Veteran s Day  No School	Vegetable beef soup w/corndog or Grilled cheese sandwich  Texas cookie	Ham & cheese melt or Chicken burger 
16	17	18	19	20
Conference Week Early Release  Hot lunch served only at HS this week  Breakfast & lunch will be served at Vale only	Conference Week Early Release  Hot lunch served only at HS this week  Breakfast & lunch will be served at Vale only	Conference Week Early Release  Hot lunch served only at HS this week  Breakfast & lunch will be served at Vale only	Conference Week Early Release  Hot lunch served only at HS this week  Breakfast & lunch will be served at Vale only	Conference Week Early Release  Hot lunch served only at HS this week  Breakfast & lunch will be served at Vale only
23	24	25	26	27
Chicken nuggets, ALOHA ROLL (contains nuts) or Cheese quesadilla 	Thanksgiving Dinner Turkey gravy w/mashed potatoes, dressing, fruit salad, roll, pumpkin dessert  Breakfast & lunch will be served at Vale only 	Breakfast only  No Lunch Early Release		No School Today
30				
Chicken burger or Pepperoni & cheese pizza   Birthday cake				Daily choices available. Menus are subject to change without notice  Lunches will always include fresh and/or canned fruit, salad and fresh vegetables w/choice of milk.

In the operation of the child feeding programs, no child will be discriminated against because of race, gender, color, national origin, age or handicap.

IMPORTANT NOTICE: Cashmere School District is NOT peanut or tree nut free. Your child may come into contact with peanuts and tree nuts in the course of their day while attending any Cashmere School District property. MENU ITEMS ARE DENOTED WITH CAPITAL LETTERS W/SQUIRREL

**SQUIRRELS MEANS NUTS ARE PART OF MEAL**  
